



Austin Wellness, PLLC
www.austin-wellness.com
10010 Anderson Mill Rd.
Austin Texas 78750
512-257-0050

Internship Screening

How would you describe yourself?

What do you view as your strengths? Describe traits and skills that contribute to your uniqueness. Use examples to illustrate particular attributes, concrete, and specific experiences. Describe a particular experience to show how you have used the skill. Being deliberate, try to provide specific examples of the traits and skills you possess.

Beyond your resume, share your educational background, providing specific examples to your intellectual abilities, breadth and depth of knowledge, areas for growth, special interests or training experiences as well as your needs.

Do you have any ideas about how you learn best? For example, are you a kinesthetic, auditory, or visual learner? What is your Number Type on the Enneagram? Do you know your Myers Briggs Personality Type? If so, what is it? According to Gary Chapman, what are your love languages? Are you more comfortable putting a lot of thought in before you face a new situation, or are you more comfortable acting first and reflecting in more detail later?

State a “weak point” about yourself. Then reframe it into a trait that is positive. Consider any potential vulnerabilities, gaps in knowledge, skill, etc. you may have. Think about how you will present them. If so, on how you have managed or hope to manage it.

What are you studying and why? What coursework or experiences have you had to prepare you for this private practice? Explain how classroom learning and/or your experience will apply to this particular counseling setting, of being on a church campus. Please consider the courses you have had and your experiences in the field. Think about two or three courses and experiences that were valuable preparation for the specific placement. Think of the theories or concepts discussed in class and note why you think they were of interest; or how they may be helpful in your counseling.

What is your understanding of Supervision? How do you prefer to receive direct feedback? Because the client is the first responsibility in counseling, how do you respond when you receive direct communication from Supervision? What are your thoughts about giving your Supervisor more information, than maybe necessary about a client, rather than omitting?

What is your interest in counseling on a church campus? What are your expectations of working in a church setting versus a secular environment? What differences are you aware of in counseling in a private practice versus a group practice or agency? What environment do you plan to work in once you are certified i.e. agency or organization, treatment facility, private practice etc. ? Where do you plan to reside and practice counseling once you are certified?